

Nurse Practitioner

Name: Beverly Garber, MSN, ANP-C, CORLN, TTS-C

Title: Nurse Practitioner III

Address: 2521 Stockton Blvd Suite 5200, Sacramento, CA 95817

Main clinic: Otolaryngology/Head and Neck Surgery

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Specialty: Otolaryngology/Head and Neck Surgery

Philosophy of Care:

Ms. Garber's clinical interests include general otolaryngology, with an emphasis on otology and head and neck cancer sub-specialities. She sees new patient referrals, routine follow up and performs preoperative and postoperative visits. Ms. Garber performs in-clinic procedures including otomicroscopy, mastoid debridement, tympanostomy tube placement, intratympanic injections, biopsies and fiberoptic nasopharyngoscopy. Her care includes risk-factor and lifestyle modifications, and she has a particular interest in tobacco cessation as a certified tobacco treatment specialist.

Ms. Garber's current clinical focus is on survivorship of head and neck cancer patients and performs routine cancer surveillance exams. While she is an independent provider, she works closely with physicians to utilize a patient-centered, team approach to treatment, encouraging wellness and patient autonomy.

Ms. Garber's research interests include depression screening and treatment, survivorship, caregiver burden and financial toxicity within the head and neck cancer patient population.

Education:

- University of California, Davis, Bachelor of Arts in Psychology, 2004
- University of Nevada, Las Vegas, Bachelor of Science in Nursing, 2007
- University of California, San Francisco, Master of Science in Nursing, 2011

Certification:

- Adult Nurse Practitioner, American Nurses Credentialing Center
- Certified Otorhinolaryngology Nurse, Society of Otorhinolaryngology & Head-Neck Nurses
- Tobacco Treatment Specialist, Mayo Clinic

